

# SPIRITUAL CARE WITH THE DYING RETREAT

## A BUDDHIST PERSPECTIVE

with  
Venerable Tenzin Chodron

During this intensive 5-day retreat, Venerable Tenzin Chodron, a Buddhist nun in the Tibetan tradition, who has worked in end-of-life care for over 20 years, will guide you to a deeper understanding and acceptance of death and dying.

- Practical skills in compassionate care and support of the dying and their families
- The spiritual needs of the dying
- Meditative and contemplative practices related to spiritually preparing for death and spiritual practices for the time of death
- Developing understanding of issues connected with letting go, transforming suffering, loving kindness and compassion
- Building and deepening one's own spiritual practice

The retreat is deeply experiential – we apply all of the principles discussed to our own lives as well as the lives of others, with the understanding that the more we face and prepare for our own death, the more present we can be with others in preparing for theirs.



**14-18 October 2024**

The Monastery Function Centre  
Cross Rd, Urrbrae, SA

**Full Cost - \$1,375**

(includes 4 nights' accommodation,  
catering and course materials)

Contact Jan McGregor for  
Application Form:

[jan.mcgregor@purelandhomehospice.org](mailto:jan.mcgregor@purelandhomehospice.org)

*"I feel more prepared for my own death ..."*

*"... exceeded my expectations ..."*

*"... Chodron's teaching style, inclusivity, knowledge, wisdom and  
experience are invaluable ..."*



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